



12th Cub Scouts
Elm Ridge

cubs

Skater



Complete the following:

1. Own, or have used, in-line, quad or ice skates, or a skateboard for at least three months.
2. Know some safety rules regarding skating on a road and in other public places. Show what clothing and protective equipment (helmet, knee pads, elbow pads etc) is appropriate to be worn for the chosen activity.
3. Show how to start, stop and turn safely.
4. Show how to fall safely and regain balance

